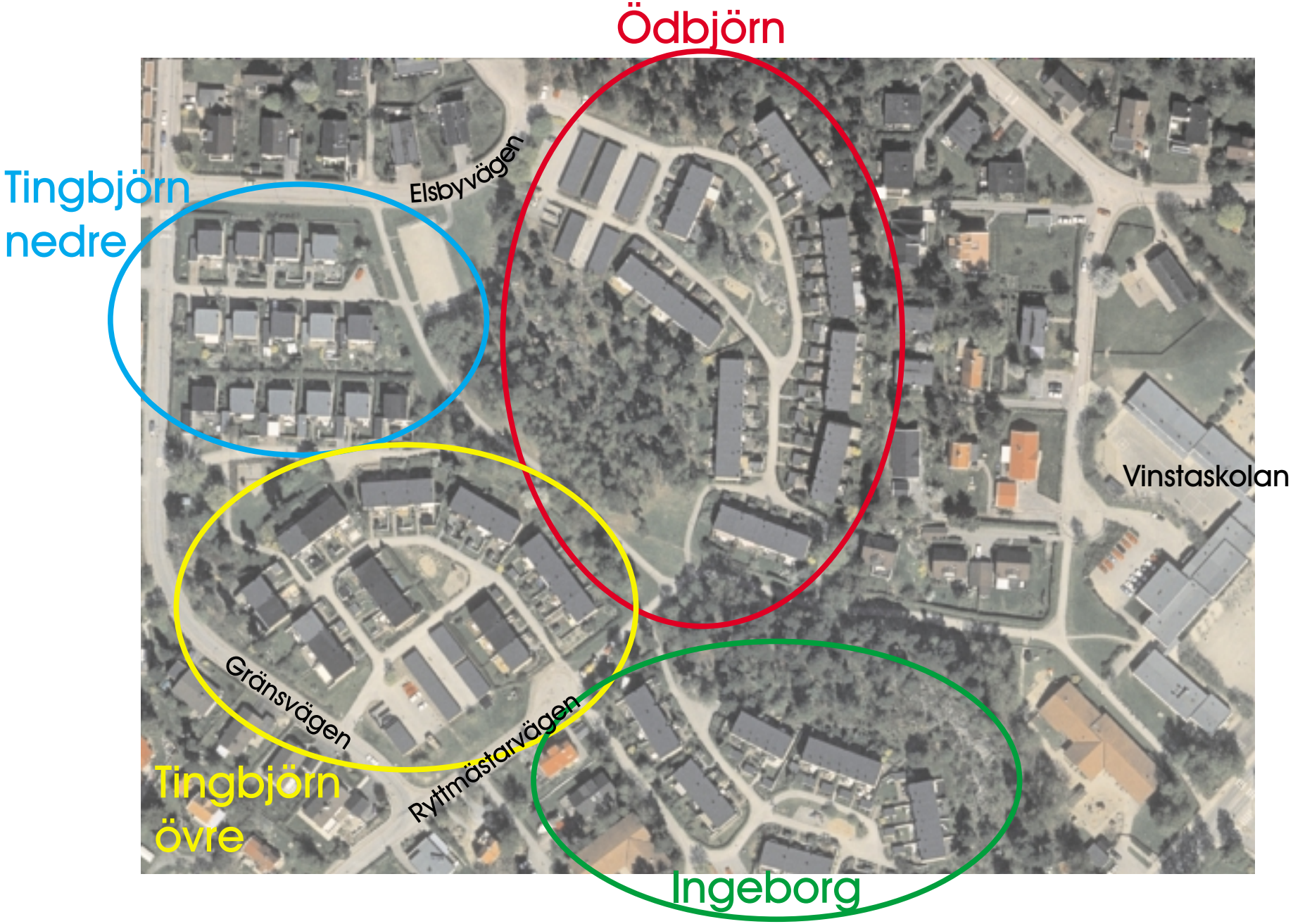Nälstahögdens samfällighet